



1 Dump puzzle pieces on the ground and organize them where the child has to cross the midline to complete the puzzle.

2 Help the child roll on the exercise ball (holding their legs) and grab a puzzle piece crossing over their body.

3 Have the child complete the puzzle alternating hands/arms. The child can place one hand on the ground for more support if needed.

Tips:

- Use a simple puzzle as the focus is on crossing the midline and strengthening the core.
- Place the puzzle pieces on the ground strategically to encourage them to cross the midline.
- Tap the child's arm you want them to use to pick up the puzzle piece and call out which piece you want them to choose from the ground (alternate hands/arms).
- Hold the child's legs as they roll over the ball to support their body. Child can place one hand on the ground if they need additional stabilization as they roll over the ball to the puzzle.

Equipment: Exercise Ball | Wooden Puzzle